

# **SOPHIE LYNGESEN KJÆRVIK**

## **CURRICULUM VITAE**

Virginia Commonwealth University, Injury & Violence Prevention Program, Richmond, VA, USA  
[Sophie.kjaervik@vcuhealth.org](mailto:Sophie.kjaervik@vcuhealth.org) • +1 (614) 816-7362

### **PROFESSIONAL EXPERIENCE**

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**Postdoctoral Fellow, Injury & Violence Prevention Program** 2023 - Present  
Virginia Commonwealth University Health, Richmond, VA, USA  
• Supervisor: Nicholas D. Thomson, Ph.D.

### **EDUCATION**

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**Ph.D. Communication** 2023  
The Ohio State University, Columbus, OH, USA  
• Interdisciplinary Specialization: Quantitative Research Methods  
• Dissertation: “Arousal anger management: A meta-analytic review”  
• Committee: Brad J. Bushman, Ph.D. (chair), Duane T. Wegener, Ph.D., and Robert M. Bond, Ph.D.

**M.A. Health, Development and Community Psychology** 2019  
University of Oslo, Oslo, Norway  
• Thesis: “Threatened narcissists lash out aggressively: A meta-analytic review”  
• Co-chairs: Ole Jacob Madsen, Ph.D. (University of Oslo) and Brad J. Bushman, Ph.D. (The Ohio State University)

**Visiting Scholar** Fall 2018  
The Ohio State University, Columbus, OH, USA

**B.A. Psychology** 2017  
Norwegian University of Science and Technology, Trondheim, Norway  
• Thesis: “Pichação - A subculture and a form of self-expression” (based on fieldwork conducted in São Paulo, Brazil)  
• Chair: Torbjørn Rundmo, Ph.D.

**Folk High School. Psychology & Charity, Explore and Travel** 2014  
Karmøy Folkehøgskule, Karmøy, Norway  
• Traveled through Peru, Bolivia, Brazil visiting and working for different charitable organizations and an orphanage in São Paulo, Brazil.

### **WORK EXPERIENCE**

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**Care Worker** 2017- 2019  
Sunnaas Rehabilitation Hospital, Nesodden, Norway  
• Multidisciplinary rehabilitation for patients with complex functional impairment following illness or injury, focus on community re-entry.

**Care Worker** 2017- 2019  
Nesodden Retirement home, Nesodden, Norway  
• Secured home for elderly patients with dementia.

**Personal Assistant** 2017- 2018

Aleris Ungplan & BOI, Oslo, Norway

- Provided medical and personal care for a patient with Amyotrophic Lateral Sclerosis (ALS), or Lou Gehrig's disease.

**Social Worker** 2014- 2017

Leistad Aftertreatment Clinic, Trondheim, Norway

- Therapist for mentally ill patients with a history of substance abuse and mental health problems who are transitioning to independent living.

## **PUBLICATIONS**

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### **Articles**

1. **Kjærvik, S. L.,** & Thomson, N. D. (2024). Psychopathy, gun carrying, and firearm violence. *Psychology of Violence*. Advance online publication. <https://doi.org/10.1037/vio0000534>
2. **Kjærvik, S. L.,** & Thomson, N. D. (2024). Exploring the nexus: Personality disorders and their impact on violent extremism, radicalism, and activism. *Journal of Personality Disorders*, 38(4). <https://guilfordjournals.com/doi/10.1521/pedi.2024.38.4.350>
3. Thomson, N. D., **Kjærvik, S. L.,** Blondell, V., & Hazlett, L. (2024). The interplay between fear and callous-unemotional traits predicting reactive and proactive aggression. *Children*, 11(4). <https://doi.org/10.3390/children11040379>
4. **Kjærvik, S. L.,** & Bushman, B. J. (2024). A meta-analytic review of anger management activities that increase or decrease arousal: What fuels or douses rage? *Clinical Psychology Review*, 109, 102414. <https://doi.org/10.1016/j.cpr.2024.102414>. Altmetric. The Conversation, Ohio State News, BBC, NRK, Psykologi.no.
5. Fields, C., O'Connor, K., **Kjærvik, S. L.,** Kevorkian, S., Perera, R., & Thomson, N. D. (2024). The Impact of Firearm-Related Violence on Future Prison Violence: A Brief Report. *The Journal of Forensic Psychiatry & Psychology*. <https://doi.org/10.1080/14789949.2024.2319632>
6. **Kjærvik, S. L.,** & Bushman, B. J. (2023). Effects of a gun safety video on children's behavior around real guns: A randomized clinical trial. *JAMA Pediatrics*. <https://doi.org/10.1001/jamapediatrics.2023.2397>. Altmetric. The Conversation, Ohio State News, CNN, The Washington Post, NBC4.
7. **Kjærvik, S. L.,** Saleem, M., Velasquez, G., Anderson, C. A., & Bushman, B. J. (2022). A Meta-Analytic Review of the Validity of the Tangram Help/Hurt Task (THHT). *Personality and Social Psychology Bulletin*, 0(10). <https://doi.org/10.1177/01461672221127759>. Altmetric.
8. Holt, L. F., **Kjærvik, S. L.,** & Bushman, B. J. (2022). Harm and shaming through naming: Examining why calling the coronavirus the “COVID-19 Virus,” not the “Chinese Virus,” matters. *Media Psychology*, 1-14. <https://doi.org/10.1080/15213269.2022.2034021>. Altmetric. The Conversation, Ohio State News.
9. **Kjærvik, S. L.,** & Bushman, B. J. (2021). The link between narcissism and aggression: A meta-analytic review. *Psychological Bulletin*, 147(5), 477-503. <https://doi.org/10.1037/bul0000323>. Altmetric. The Conversation, APA article spotlight, SPSP character and context, Academic Minute, BYU Radio Top Mind!, DN, Dagbladet.

### **Book Chapters**

1. Thomson, N. D., **Kjærvik, S. L.**, & Neumann, C. S. (2024). Psychopathy and violence. In N. D. Thomson (Ed.), *Handbook of Gun Violence*. Elsevier.

## **MANUSCRIPTS UNDER REVIEW**

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1. **Kjærvik, S. L.**, Blondell, V., & Thomson, N. D. (under review). The cycle of violence: Neighborhood concerns as a mediator between childhood maltreatment and gun violence.
2. **Kjærvik, S. L.**, Thomson, N. D. & Fanti, K. A. (under review). The interplay between media violence and narcissism on reactive and proactive aggression in adolescent males and females: A one-year follow-up study.
3. **Kjærvik, S. L.**, O'Connor, K., & Thomson, N. D. (under review). Psychometrics validation of the gun beliefs and gun behavior scale in a high-risk sample.
4. **Kjærvik, S. L.**, & Thomson, N. D. (under review). Sex differences in the link between the four facets of psychopathy and aggression, anger, and hostility.
5. Barlett, C. P. & **Kjærvik, S. L.** (under review). A meta-analysis on the relationships between violent music exposure and aggressive behavior, aggressive affect, aggressive cognition, and physiological arousal.
6. Thomson, N. D., **Kjærvik, S. L.** & Kimonis, E. (under review). A longitudinal-study of limited prosocial emotions as a moderator between maternal stress and maternal warmth.
7. Thomson, N. D., **Kjærvik, S. L.**, Zaggaraki, G., Gresham, A. M., Dick, D. M., & Fanti, K. S. (under review). Parenting practices mediate the relation between CU traits and aggression, violence, and gun violence among youth with conduct disorder.
8. Gresham, A. M., **Kjærvik, S. L.**, & Thomson, N. D. (under review). Intimate partner violence victimization and problem drug use: The mediating role of difficulties with emotion regulation.
9. Gresham, A. M., **Kjærvik, S. L.**, & Thomson, N. D. (under review). Examining interactive effects of intimate partner violence victimization and perpetration on reactive and proactive firearm violence.
10. O'Connor, K. E., **Kjærvik, S. L.**, Sullivan, T. N., & Thomson, N. D. (under review). Relations between developmental assets and youth gun violence.
11. Thomson, N. D., Pittman, S. K., **Kjærvik, S. L.**, Ashok, V., & Simonetti, J. A., (under review). Exploring the association between suicidality and firearm violence among injured adults.
12. Thomson, N. D., **Kjærvik, S. L.**, Wagner, N., Gresham, A. M., Hazlett, L. & Fanti, K. A. (under review). Testing the rejection complex theory of CU traits among youth with conduct disorder.

## **CONFERENCE PRESENTATIONS**

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1. **Kjærvik, S. L.**, & Thomson, N. D. (2024, July-August). *Psychopathy, gun carrying, and firearm violence*. International Society for Research on Aggression. Munich, Germany.
2. **Kjærvik, S. L.**, & Bushman, B. J. (2024, July). *A meta-analytic review of anger management activities that increase or decrease arousal: What fuels or douses rage?* International Society for Research on Aggression (ISRA). Munich, Germany.

3. **Kjærvik, S. L., & Thomson, N. D.** (2024, February). *The role of personality disorders in violent extremist attitudes, radicalism, and activism*. The Society of Personality and Social Psychology Convention (SPSP), San Diego, California, USA.
4. Taggart, R. S., **Kjærvik, S. L.**, Bushman, B. J., Wildschut T., & Sedikides C. (2023, April). *Nostalgia as intervention for ostracism's effects on meaning and anger*. Midwestern Psychological Association (MPA), Chicago, Illinois, USA.
5. **Kjærvik, S. L.**, Saleem, M., Velasquez, G., Anderson, C. A., & Bushman, B. J. (2023, February). *A Meta-analytic Review of the Validity of the Tangram Help/Hurt Task*. The Society of Personality and Social Psychology Convention (SPSP), Atlanta, Georgia, USA.
6. **Kjærvik, S. L., & Bushman, B. J.** (2022, November). *A gun safety video reduces children's unsafe behavior around real guns*. National Research Conference on Firearm Injury Prevention, Washington, D. C., USA.
7. Holt, L. F., **Kjærvik, S. L.**, & Bushman, B. J. (2022, May). *Blames and Frames: Examining why calling the Coronavirus, "COVID-19 Virus," not the "Chinese Virus," Matters*. International Communication Association Conference (ICA), Paris, France.
8. **Kjærvik, S. L., & Bushman, B. J.** (2022, April). *The link between narcissism and aggression: A meta-analytic review*. Midwestern Psychological Association (MPA), Chicago, Illinois, USA.
9. Brown, D., Tice, D., **Kjærvik, S. L.**, (2022, April). *The Only Thing Certain Is the Uncertainty*. Rocky Mountain Psychology Association, Salt Lake City, USA.
10. **Kjærvik, S. L., & Bushman, B. J.** (2022, March). *The link between narcissism and aggression: A meta-analytic review*. Hayes Forum, Columbus, Ohio, USA.

## INVITED TALKS

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1. **Kjærvik, S. L., & Bushman, B. J.** (2024, May 8). *A meta-analytic review of anger management activities that increase or decrease arousal: What fuels or douses rage?* The Dynamic Healing Group, USA.

## AWARDS AND DISTINCTIONS

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<b>Research Society for the Prevention of Firearm-Related Harms</b>	September 2024
Conference Travel Award	
<b>International Society for Research on Aggression (ISRA)</b>	August 2024
Lagerspetz Award for Conference Presentation	
<b>Postdoctoral Association Virginia Commonwealth University</b>	June 2024
Summer Travel Award	
<b>International Society for Research on Aggression (ISRA)</b>	May 2024
Young Investigators' Program Award	
<b>International Research Awards on New Science Inventions (NESIN Awards)</b>	March 2024
Best Researcher Award	
<b>Miller Small Grant Award</b>	June 2022
\$4,400 for nostalgia and aggression project	

## COURSE HISTORY

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**Instructor of Record**

COMM 2367: Persuasive Communication (Online)	Summer 2023
COMM 3333: Crisis Communication	Spring 2023
COMM 3442: Violence in Society and Violence in the Media (Online)	Fall 2022
COMM 3440: Mass Communication and Society (Online)	Summer 2022
COMM 3163: Industry Research Methods	Fall 2021
COMM 3163: Industry Research Methods	Spring 2021
COMM 3160: Research Methods	Fall 2020

**Graduate Teaching Assistant**

COMM 3558: Social Media	Spring 2022
COMM 1100: Communication in Society	Summer 2021
COMM 3558: Social Media	Summer 2021
COMM 2331: Strategic Communication Principles	Summer 2020
COMM 3333: Crisis Communication	Spring 2020
COMM 3668: Intercultural Communication	Fall 2019

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**DEPARTMENT SERVICE**

<b>Ohio State University School of Communication</b>	2022-2023
Ph.D. representative in the Graduate School Organization (GSO)	
<b>Ohio State University School of Communication</b>	2021-2023
Peer mentor for incoming graduate students	

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**ACADEMIC SERVICE****Consulting Editor**

Psychology of Violence

**Grant Reviewer**

National Institutes of Health (NIH). RFA-NR-24-001: Firearm Injury Prevention in Community Healthcare Settings (R01 Clinical Trial Optional)

**Ad Hoc Reviewer**

Aggressive Behavior

Behavioral Sciences

Collabra: Psychology

Current Issues in Personality Psychology

European Journal of Psychology

Motivation and Emotion

Psychology of Popular Media

Psychology of Violence

Panamerican Journal of Trauma, Critical Care and Emergency Surgery

Scandinavian Journal of Psychology

Sex Roles

The Journal of Pediatrics: X

The Journal of Social Psychology

Violence Against Women

World Journal of Psychiatry

**Peer Ad Hoc Reviewer:**

Aggressive Behavior  
Motivation Science  
Psychology of Popular Media  
Psychology of Violence  
Psychophysiology  
Research on Child and Adolescent Psychopathology

#### **PROFESSIONAL ORGANIZATION MEMBERSHIPS**

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American Psychology Association (APA)  
Association for Psychological Science (APS)  
International Communication Association (ICA)  
International Society for Research on Aggression (ISRA)  
The Norwegian Society for Psychological Science (NSPS; Psykologiforbundet)  
The Society of Personality and Social Psychology (SPSP)

#### **LANGUAGES SPOKEN**

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<b>Norwegian</b>	Native Language
<b>English</b>	Advanced Speaker, Reader, Writer, and Listener
<b>Danish</b>	Intermediate Speaker, Advanced Reader, Writer, and Listener